

PERSONAL INFORMATION

Ivan Paolatto



Sex Male | Date of birth

| Nationality Italian

POSITION

Freelance Professional

WORK EXPERIENCE

From November 2019

Regional representative of GISPT
Group of Italian Sport Physical Therapists

November 2016, 2017, 2018

Member of the Degree Commission
evaluating person who is about to graduate in Udine and Trieste (IT)

From 2016

Professor Assistant to the 1 level Master of Manual Therapy in Bologna

August 1998 – Present

Freelance Professional

August 1998 – August 2011

Professional partnership with the local Swimming pool

EDUCATION AND TRAINING

- 2021 Running Injury
Clean Sport Advisor
Lower Limb Sport Management
Nutrition: the new frontier to fight chronic inflammation and strengthen the immune system
ASR conference
Explain Pain online
Course for commissioners representing the Order in the final graduation exam
Introduction to physiotherapeutic differential diagnosis: reflection on selected clinical cases
- 2020 Introduction to medical statistics
COVID-19 Prevention and control of new risks in the management of the private outpatient patient
2nd Watson Headache Institute International Symposium
English in Medicine
Basic Life Support (BLS-D) AHA for healthcare professionals
Maxillo-facial physiotherapy and ATM
- 2019 Short lever manipulation of cervical, thoracic and lumbar spine
Workshop: Running Injury
Workshop: Promoting Long-Term Stability Following Lateral Ankle Sprain Injury
Workshop: Treatment of the Achilles Tendinopathy
XVII GTM National Congress: The management of Foot & Ankle Complex
Course: Clinical Reasoning – Fast and Slow Reasoning in Musculoskeletal Practice
Online Course: Foot Manipulation Techniques – FMT 2
Online Course: Cure Cuboid Quickly – Assessing & Treating
Course: FAIS: femur acetabular conflict syndrome
Course: Placebo, Nocebo and patient/therapist relationship
Course: Methodology of clinical research in health care companies – third edition
II Scientific Meeting “Topics in Musculoskeletal Therapy
- 2018 Course: Manual Therapy and Neurodynamics
Course: Pharmacology and Physiotherapy. Basics of Pharmacology and Phytotherapy in the physiotherapeutic management of pain and inflammation.
Seminar: Latest News in settings of Musculoskeletal Physical Therapy
Course: Motor Learning: ACL Prevention and Return to Sport
- 2017 Course: Foot Mobilization Techniques & “Tool Assisted” Treatment
Course: Pathophysiology and Mechanics of the shoulder
Course: Assessment and Treatment of the Shoulder, an Evidence-Based Approach
Course: Persistent Low Back Pain: Integrating Neuroscience and Mechanotherapy
- 2016 Conference: Evidence Based Oriented Approach in the Clinical Practice
Course: Rehabilitation in Ankle Disorders: from Manipulation to Return to the Field
Course: Rehabilitation of Knee Pain: Manual Therapy and Exercise Role
- 2015 Conference: Advances in Sport Rehabilitation Conference Clinical reasoning and practice
Rehabilitation of the Lower limb in the Injured Sportsman
Course: Therapeutic exercise and Manual Therapy in the treatment of Hip Pathology and Movement Disfunction
Course: Translatory Spinal Manipulation
- 2014 Conference: The Physical Therapist, Primary Health Care and Simplified Access to the Care in Rehabilitation
Conference: Knee Rehabilitative Management physiotherapy session 6th International SIA Meeting
Course: CRT “Cognitive Rehabilitation Therapy”
Course: Medical Exercise Therapy for Thoracic and Low Back Pain Sciatica
Course: Chronic Pain, Management and Treatment
Conference: Entrepreneurship in Rehabilitation. Professional Competence and organizational Competence for a shared quality
- 2013-2014 Course: Fascial Manipulation, Stecco Method, Level I and II
- 2013 Course: Athlete Rehabilitation: integration between Hip, Knee and Ankle
Course: Assessment and Treatment of Vestibular Disorders
Course: Pathophysiology and Mechanics of the Shoulder
- 2012 Course: Energetic Transfer Diathermy: advanced treatment
Conference: Shoulder Conservative and post-Surgical physical therapy between motor control and tissue reformation
Course: The Abdominal Wall: Organ, Trauma and Rehabilitation
Conference: Physiological Adaptations to Musculoskeletal Pain: clinical evaluation and treatment in

EDUCATION AND TRAINING

- 2010 – 2011 **Master Muscle Skeletal disorders Rehabilitation**
- 2010 Course: Clinical Pilates – rehabilitation purpose
 Conference: Does the Efficacy of Manual Therapy Depend on Its Specificity?
 Course: Assessment Tests in the Mechanical Neck Pain
- 2009 Course: Myofascial Pain Syndrome – MPS2 Trigger Point
 Course: Clinical Pilates
 Course: Kinesio Taping
 Course: KMT “Kinetic Manual Therapy”
- 2008 Conference: Whiplash Updates II
 Conference: Sport Injury Updates: the sportsman shoulder
- 2007 Course: STEP (Ola Grimsby)
 Course: Myofascial Pain Syndrome – MPS1 Trigger Point
 Conference: Muscles and Tendon Injuries
 Conference: Bibliographical research in Physical Therapy
 Conference: The Hip: assessment and treatment of movement disfunction and Correlation with Low Back disorders
- 2006 Conference: Diagnosis and Treatment of Movement Impairment Syndromes
 Conference: Physical Therapists’ Autonomy and Responsibility: Medico-legal Aspects
- 2005-2007 Course: Orthopedic Manipulative Therapy of the Keltenborn-Evjenth Concept. First and Second Level
- 2003-2005 Course Kinetic Control
- 2002 Course: Mobilisation of the Nervous System, Butler
- 2001 Course: Integrated Rehabilitation of neck Pain
- 2001-2002 McKenzie Course (A,B,C,D Levels)
 Course: Manual Therapy in Cranio-Mandibular Pain and Associated Disorders
- 2001 Course: Treatment of Cranio-cervico-Mandibular Disorders in Manual Therapy
- 2000 Course: Global Postural Re-education, Ph. E. Souchard
- 1999 Course: Cyriax
 Course: Functional Bandage

PERSONAL SKILLS

Mother tongue(s) Italian

Other language(s)

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
English	B1	B2	B1	A2	B2
Spanish	A2	A2	A1	A1	

Levels: A1/A2: Basic user - B1/B2: Independent user - C1/C2 Proficient user
[Common European Framework of Reference for Languages](#)

Digital competence

SELF-ASSESSMENT				
Information processing	Communication	Content creation	Safety	Problem solving
Independent User/ Proficient User	Basic User	Independent User	Basic User	Proficient user

Levels: Basic user - Independent user - Proficient user
[Digital competences - Self-assessment grid](#)

Competent with Office suite and other suite (word processor, spread sheet, presentation software)
 Basic user in photo editing software gained as an amateur photographer

Other skills

For several years Provincial contact person of AIFI freelance professionals.
 Founding Member of OMT Italia group (closed 31-12-2016)
 Past experience for a long period as a Scout and in sports (Track and Field, handball, basketball)

Driving licence B