

PERSONAL INFORMATION

Angela Scariato



Sex Female | Date of birth

Nationality Italian

JOB APPLIED FOR
POSITION
PREFERRED JOB
STUDIES APPLIED FOR
PERSONAL STATEMENT

Physiotherapist, Sport therapist, OMPT - MSK Pt. Lecturer UniBO
Lecturer UniPV
Owner FisioSport rehab center

WORK EXPERIENCE

2017 to present	Lecturer University "Alma Mater Studiorum" Bologna post Graduate Education
2017 to present	Lecturer University of Pavia motor scienze "return to play"
2013 to present	Official physio TEAM EQUA ASD HANDBIKE e PARACICLYNG
2016 to present	Official physio women basketball PF Broni 93 serie A1
2015 /2016	Official physio Pavia volley serie B
16-17 october 2014	Official physio ATP SENIOR CHAMPION TOUR Genova e Milano with M.Chang, J.McEnroe, G.Ivanisevic, I.lendl
july 2014 -2015	Official physio AC PAVIA CALCIO – Lega PRO
december 2012	Maria Sharapova's personal physio for "La grande sfida", Assago forum (MI)
2005 to now	Official physio of CUS PAVIA
2004 to now	Official physio of ITALIAN ROWING FEDERATION
2006 to 2011	Official physio NUOVA PALLACANESTRO PAVIA serie A2

- 1999 Physio for the SUPERMOTARD KRAMIT team - italian championship 1999
- 1998 – 2000 Official physio A.S. BASKET ALESSANDRIA WOMEN serie A1 championship
- 1997 - 1998 Official physio A.S. BASKET PAVIA-VITTUONE – Women serie A1 championship
- 1991 - 1997 Official physio A.S. BASKET PAVIA (PV)– Women serie A1 championship
- 1990 - 1991 Official physio WOMEN BASKETBALL BUSTO ARSIZIO Women serie A1 championship
- 1988 - 1990 Official physio A.S. BASKET PAVIA (PV) – Women serie A1 championship

Other experiences:

- 1993 – to now Independent worker at her own professional physio studio “FISIOSPORT” located in Pavia (PV), Strada Busca 82

EDUCATION AND TRAINING

- 2010-2012 1st level Master “Riabilitazione dei disordini muscolo scheletrici – rehabilitation of musculoskeletal disorders” at Università degli Studi di Genova valid for OMT (orthopaedic Manipulative Therapist) graduation – cum laude
- 1985 - 1989 Academic certificate of “Rehabilitation therapist” at “Università degli studi di Pavia”
- 1980 – 1985 High school teaching degree at A.Cairolì institute of Pavia

PERSONAL SKILLS

Mother tongue(s) Italiano

Other language(s)

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
English	B1	C1	B1	B1	B1
French	A1	A2	A1	A1	A1

Communication skills

- AIFI member from 1989 (Italian Association of Physical therapist).
- PANATHLON CLUB DI PAVIA member from december 2006
- PANATHLON CLUB DI PAVIA counselor from 2015
- PANATHLON CLUB PAVIA SEGRETARY from 2018
- GTM member (Manual Therapy Group)
- GIS SPORT staff member
- OMT Italy member

Organisational / managerial skills

- Owner, manager and director of FisioSport – professional studio of physical therapy and sport rehabilitation
- Owner, manager and director of TOP srl – professional studio of personal training and return to play
- With his role in Panathlon works in first line to divulge the ethics and healthy values of the sport culture
- Organiser of the Panathlon meeting: "A journey into the trainer's world" – special guest Dan Peterson (Pavia, 12 marzo 2009)
- Organiser of the panathlon meeting: "Sport and third age" – special guest Pinuccia Russo, over80 world tennis champion (Vigevano, September 2009)
- Missionary volunteer at Asko, Addis Abeba (Etiopia) in clinics and orphanages, 20 January 2010 - 8 February 2010
- Organiser of the panathlon meeting: "Horse passion" – special guest Roberto Arioldi, Italian horse champion (Cascina Sedone (PV), 19 May 2011)
- Organiser of the panathlon meeting: "the sport faith" during the 1st international fair play day – special guest Don Gabriele Corsani, (Cardano college, Pavia 17 November 2012)
- Creator and organizer of the "Panathlon in MOTiOn": a motorcycle-lovers-panathletes' meeting for sharing knowledges, ideas and panathletic causes and goals.

Job-related skills

- Office package knowledge

Digital competence

SELF-ASSESSMENT				
Information processing	Communication	Content creation	Safety	Problem solving
Independent	Basic	Basic	Basic	Basic

A, B

Boat licence over 16 miles

Publications
 Presentations
 Projects
 Conferences

- Lecturer at “the Frozen shoulder” congress, Kinecenter, Messina 14 May 2018
- Multidisciplinary congress “SPORT INJURIES UPDATES – “Athlete’s Shoulder”, Torre d’Isola (PV), 13 Marzo 2008
- Seminar Professor in “Sport recovery” at the Sports Science degree – Università degli studi di Pavia - cfu 3
- Lecturer at “Proprioception and neuromuscular control” congress, Kinecenter, Messina 28 May 2012
- Lecturer at “Arthrosis, Prosthesis and rehabilitation” congress, Kinecenter, Messina 8 May 2010
- Lecturer at master in sport physiotherapy GSTM “The sport massage” in partnership with Bicocca University Milano, Milano 13/09/2009
- Lecturer at “Volleyball traumas and their prevention”, update for coaches trainers and managers. Fipav coni Vigevano (PV) 27/09/09
- Lecturer at kinecenter congress “Fractures and rehabilitation protocols” Messina, 23 may 2009
- English translator at: “Clinical pilates a scopi riabilitativi” post-graduate course – Parma 13-15 February 2009. Lecturer: Shari Rosenberg
- English translator and assistant at Manual therapy course “introduction at osteopathic principles and MET of SIJ, pelvis and lumbar spine. Shari Rosenberg, Pavia, 27-28 april 2008
- Lecturer at multidisciplinary congress “SPORT INJURIES UPDATES - The sport shoulder”, Torre d’Isola (PV), 13 March 2008
- Lecturer at Kinecenter congress: “Rehabilitation of sport muscular injuries” - Messina, 5 may 2007
- Lecturer at educational evening SLOW EDUCATION - “Shoulder: from Periarthritis to subacromial impingement. Diagnostic and therapeutic history” - Parabiago (MI) - 21 october 2006
- Lecturer at SIA “Shoulder and knee update”, with the presentation “Back to the court” – Vigevano, 25 February 2006
- Lecturer at “Shoulder and knee instability” update - Messina - 29 april 2006
- Lecturer at S.I.A congress. “Shoulder and knee instability” - Biella - 6 may 2006

Publications
Presentations
Projects
Conferences

- Lecturer at “Shoulder from rehabilitation to prevention. Rotator’s cuff pathologies” congress - Messina, 14 may 2005
- Lecturer at S.I.A. “Knee: Arthroscopy and rehabilitation” Congress - Biella, 28 may 2005
- Lecturer at “Ortoreuma” congress – September 2005
- Lecturer at “Patellofemoral pain and rehabilitation” congress - Messina, 8 may 2004

Seminars
Honours and awards
Memberships
References
Citations
Courses
Certifications

2019

- 3° gispt international conference advances in sport rheabilitation football symposium, Verona 8-9 giugno 2019 staff member
- Lesione del legamento crociato anteriore: dall’infortunio al ritorno alle competizioni. Pavia 19/20 ottobre
- XVII CONGRESSO NAZIONALE GTM the management of the foot & ankle complex giagnosi, prognosi e trattamento Bologna, 9-10 novembre
- Hamstring injuries day: rehabilitation and prevention. Vado Ligure (SV) 12 ottobre 19

2018

- PFP: Conservative management S. Passigli 25 marzo 2018
- Clinical Expertise on Phisical Therapy fisiobrainX 24 marzo 2018 rimini
- I° Meeting “Topics In Muscoloskeletal Therapy “. Manual therapy & Therapeutic exercises . Alma Mater Bologna University 12/01/2018

2017

- Running Injuries 14/10/2017 Vado Ligure (SV)
- Fmt Foot Mobilisation Techniques & tool assisted treatment

2016

- Manual therapy for ankle and foot
SILEA (TV) December 2016. Lecturer: Oscar Casonato
- OMT Kaltenborn-Evjent II Level 2 seminar
Trento, 31/03 and 22-26/07/2016. Lecturer: J.Shomacker
- OMT Kaltenborn-Evjent II level 1 seminar
Trento, 31/03 and 04/04/2016. Lecturer: J.Shomacker

2015

- Advance in Sport Rehabilitation Conference: clinical reasoning and practice.
Torino 14/15 nov 2015 (gis sport)
- Muscoloskeletal pains of lumbar and thoracic spine
27/11/2015 Savona (gtm)
- From the brain to the hands National congress of Manual therapv

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2014

- The force of disability. Convention promoted by Sport Science faculty,
University of Pavia, 9 may 2014
- N.A.P. therapy chronic pain Renata Horst.
Reggio Emilia, 28-29 june
- M.T.P.R. Tractional manipulation in rest position. M.Trिकास
Verona, 24-26 ottobre 2014
- Diacutaneous Fibroslys
Cava Manara (PV) 15/11/2014

2013

- Evaluation and treatment of vestibular disorders.
S. Herdman e N.Shepard. Milano 4-5 October 2013
- Pathophysiology and mechanics of the shoulder.
Robert Donatelli. Milano 19-20 aprile 2013
- Athlete's rehabilitation: integration between ankle, knee and hip.
Robert Donatelli. Milano 21-22 aprile 2013
- ABEos Osteopathy school of Bologna 3rd year

2012

- OMT Kaltenborn-Evjenth Concept 1st level, 5th week therapeutic exercise and training
- 1st level academic master "riabilitazione dei disordini muscolo scheletrici – rehabilitation of neuromusculoskeletal disorders" at Università degli Studi di Genova.
06/10/2012
- ABEos Osteopathy school of Bologna 2nd year

2011

- ABEos Osteopathy school of Bologna 1st year
- Master student at master "riabilitazione dei disordini muscolo scheletrici – rehabilitation of neuromusculoskeletal disorders" at Università degli Studi di Genova.
- OMT Kaltenborn-Evjenth concept 1st level 4th cervical spine, Udine
24-28 may 2011

- International sport physiotherapy and traumatology conference:
“Football player health”
Bologna (isokinetic) 12-13 march 2011

2010

- OMT Kaltenborn-Evjenth Concept 1st level – Lumbar spine,
Udine, 4-8 October 2010
- Review in preparation of the “bridge project” admission test,
Pavia 2-3 October 2010
- Review in preparation of the “bridge project” admission test,
Padova 11 September 2011
- Review in preparation of the “bridge project” admission test,
Padova 19-21 July 2010
- Kaltenborn-Evjenth Concept 1st level, upper and lower limb
Udine 20-05-2010; 22-06-2010
- “Does the efficacy of manual therapy depends on its specificity?”,
Parma 10-11 April 2010

2009

- National congress “Advances in manual therapy and sport
rehabilitation” GTM/GIS sport AIFI,
Savona 28/11/09
- N.O.I. Course clinical applications- lower limb H.STAM
Parma 18-18-19 October '09
- Mario Boni foundation symposium: Science and clinic of the
musculoskeletal system. “Function as a source of health”.
Pavia, 2 October 2009
- KINESIOTAPING kinesiio taping associatio international
Rimini 13-14 June 2009
- 15° update in ortho “RELIVE SURGERY”
Roma, 18 April 2009
- Mobilisation of the nervous system, Irene Wicki.
Pavia 27-29-29 march 09
- Rehabilitative Pilates.
Shari Rosenberg. Parma 13-14-15 february 09

2008

- National conference GTM “ Whiplash updates II: Whiplash and associated disorders”.
Parma, 15 november 2008
- S.T.E.P. (SCIENTIFIC THERAPEUTIC EXERCISE PROGRESSIONS). OLA GRIMSBY.
Parma, 28 may - 1st June 2008
- Introduction to osteopathics principles and MET of pelvis, SIJ and lumbar spine.
Shari Rosenberg. Pavia, 27-28 aprile 2008
- Sport rehabilitation and orthopedic surgery: postoperative protocols. Isokinetic. Bologna, 19-20 april 2008
- Spinal manipulation: Thoracic spine and ribs.
R. Strobbe. Parma, 4-5-6 april 2008
- Sport injuries updates: sport shoulder.
Pavia, 15 march 2008

2007

- “Clinical diagnosis and manual therapy of lumbar spine and SIJ.
Paula Van Wijmen. Varese, 8/9/10/11 november 2007
- 5th national GTM congress: “Muscle and tendons lesions”
Desenzano del Garda (BS), 03 november 2007
- Spinal manipulative therapy: a complete approach.
R. Strobbe. Parma 26-27-28 october, 14-15 december 2007
- Manual therapy and rehabilitation, cervical spine
Milano, 13 october 2007
- The importance of the articular kinematic of the lower limb in manual therapy and osteopathy (AIFI)
Cinisello Balsamo, 21 june 2007
- “Lumbar&thoracic spine and ribs”
prof Laurie HARTMAN CPDO (the Center for Professional Development in Osteopathy and Manual Therapy)
London 24-25 March 2007

2006

- First aid course at Croce Rossa In accordance with European Red Cross Standards on FIRST AID
Pavia, november 2006.
- “Principles of Manual Medicine” at College of Osteopathic Medicine - Michigan State University
6 - 10 December 2006 East Lansing, Michigan
- 2° Manual therapy national day, GSTM - “Manual therapy and rehabilitation”
Milano - 30 september 2006
- “GYROKINESIS - The Clinical Application” course - “The art of exercising and beyond”
Nottingham, 17-18 june 2006
- MANAGEMENT OF NECK PAIN DISORDERS Course.
Deborah Falla – Varese, 27-28 may 2006
- Master “Shoulder: Surgery and rehabilitation”
Roma, 19-20 may 2006

2005

- Congress N.O.I. with David Butler “The sensitive nervous system”
Parma, 22-23-24 november 2005
- World Congress “The Spine”
Roma, 7-8-9 october 2005
- S.I.A. Convention “Orthopedics and rehabilitation. Knee and shoulder
Varese, 16 aprile 2005
- Surgery and rehabilitation of the shoulder tendons pathology
Parma, 19-20 febbraio 2005

2004

- Sport orthopedics and rehabilitation
Assisi, november 2004
- Mobilization of the nervous system N.O.I. David Butler
Udine, 20-21-22 ottobre 2004
- The role of the sacroiliac joint in the sport lesions and in low back pain
Con-stantia Pilates Concept
Varese, 2-3 October 2004

- National congress of HealthCareStudyGroup “Case reports in rehabilitation”
Cervia, 24-25 september 2004
- Shoulder surgery and rehabilitation
Roma, 22 may 2004
- The rehabilitation of sports muscle and tendon injuries
Milano, 24-25 april 2004

2003

- Shoulder pathologies, from lesions to the performance recovery
Legnano, 13 december 2003
- 7th international conference of orthopedics, biomechanics, sport rehabilitation
Assisi, 21/23 november 2003
- Maitland 1st level
Albenga, 2003/2004
- Functional recovery in surgical arthropathies of the shoulder
Milano, 21/22 june 2003
- Washington University in St. Louis school of medicine and Physical Therapy Clinic
PhD Shirley Sahrmann,
St. Louis, Missouri, USA from 29/04 to 09/05/2003
- Treating cartilage lesions in sport
- Milano - Isokinetic 29/30 march 2003
- 7th congress ShoulderTech “Glenoid lesions with glenohumeral instability”
Forlì - 11 January 2003

2002

- National course of rehabilitation in sport traumatology
Pordenone 2002
- Interdisciplinary approach in the rehabilitation of the shoulder with manual therapy and reflexed techniques
Pavia, AITR 20/21/22 June 2002
- Back to the sports after ACL reconstruction
Bologna, Isokinetic 13/14 April 2002

2000/2001

- Treating patients with osteoarthritis
Milano 2001
- International congress of orthopedics, biomechanics and sport rehab
Assisi 2000
- Methods of prevention and rehabilitation in basket update
Milano 2000

1998/1999

- International course of rehabilitation and biomechanics in sport
Perugia 1999
- Manual lymphatic drainage
Lecturer J.Y. Bouchet (Grenoble University) 1998

1997

- WNBA NEW YORK LIBERTY - july 1997
- WNBA CLEVELAND ROKERS - july 1997
- Stretching global actif. R.P.G. re-education posturale globale
(P.Souchard, Université Saintmont) – 1997

1994

- Idrotherapy – american experience

1992

- Stages at (july 1992):
 - HEALTHSOUTH rehabilitation center of Portola Valley CALIFORNIA
 - KERLAN JOBE ORTHOPAEDIC CLINIC, Inglewood, CALIFORNIA
 - UCLA
 - LOS ANGELES LAKERS trainer Gary Vitti
 - OASIS Sports Medical Group San Diego, CALIFORNIA
- Functional and preventive tape in basketball
Brescia 1992
- Functional and preventive tape in football
Brescia 1992

1989/1991

- Functional and preventive tape in volleyball
Milano 1991
- Theory and practice of dynamic tape in sports traumatology
Milano 1989