

PERSONAL INFORMATION

Ivan Paolatto



Sex Male | Date of birth

| Nationality Italian

POSITION

Freelance Professional

WORK EXPERIENCE

From November 2019

Regional representative of GISPT  
Group of Italian Sport Physical Therapists

November 2016, 2017, 2018

Member of the Degree Commission  
evaluating person who is about to graduate in Udine and Trieste (IT)

From 2016

Professor Assistant to the 1 level Master of Manual Therapy in Bologna

August 1998 – Present

Freelance Professional

August 1998 – August 2011

Professional partnership with the local Swimming pool

## EDUCATION AND TRAINING

- 2022 Exercise Medicine in oncological patients  
Basic life Support (BLS-D) AHA for health workers  
Upper Limb Sport Management  
The musculoskeletal physiotherapy and the pain: new models of assessment and treatment  
Rehabilitation of the rotator cuff lesions: from knowledge to practice  
Management of patients with musculoskeletal disorders nerve related
- 2021 "Peace and Love: taking care of acute injuries"  
Turning Primary Headache Upside Down  
Shoulder Pain and specific disorders advanced management, SPU and SSD  
Running Injury  
Clean Sport Advisor  
Lower Limb Sport Management  
Nutrition: the new frontier to fight chronic inflammation and strengthen the immune system  
ASR conference  
Explain Pain online  
Course for commissioners representing the Order in the final graduation exam  
Introduction to physiotherapeutic differential diagnosis: reflection on selected clinical cases
- 2020 Introduction to medical statistics  
COVID-19 Prevention and control of new risks in the management of the private outpatient patient  
2<sup>nd</sup> Watson Headache Institute International Symposium  
English in Medicine  
Basic Life Support (BLS-D) AHA for healthcare professionals  
Maxillo-facial physiotherapy and ATM
- 2019 Short lever manipulation of cervical, thoracic and lumbar spine  
Workshop: Running Injury  
Workshop: Promoting Long-Term Stability Following Lateral Ankle Sprain Injury  
Workshop: Treatment of the Achilles Tendinopathy  
XVII GTM National Congress: The management of Foot & Ankle Complex  
Course: Clinical Reasoning – Fast and Slow Reasoning in Musculoskeletal Practice  
Online Course: Foot Manipulation Techniques – FMT 2  
Online Course: Cure Cuboid Quickly – Assessing & Treating  
Course: FAIS: femur acetabular conflict syndrome  
Course: Placebo, Nocebo and patient/therapist relationship  
Course: Methodology of clinical research in health care companies – third edition  
II Scientific Meeting "Topics in Musculoskeletal Therapy"
- 2018 Course: Manual Therapy and Neurodynamics  
Course: Pharmacology and Physiotherapy. Basics of Pharmacology and Phytotherapy in the  
physiotherapeutic management of pain and inflammation.  
Seminar: Latest News in settings of Musculoskeletal Physical Therapy  
Course: Motor Learning: ACL Prevention and Return to Sport
- 2017 Course: Foot Mobilization Techniques & "Tool Assisted" Treatment  
Course: Pathophysiology and Mechanics of the shoulder  
Course: Assessment and Treatment of the Shoulder, an Evidence-Based Approach  
Course: Persistent Low Back Pain: Integrating Neuroscience and Mechanotherapy
- 2016 Conference: Evidence Based Oriented Approach in the Clinical Practice  
Course: Rehabilitation in Ankle Disorders: from Manipulation to Return to the Field  
Course: Rehabilitation of Knee Pain: Manual Therapy and Exercise Role
- 2015 Conference: Advances in Sport Rehabilitation Conference Clinical reasoning and practice  
Rehabilitation of the Lower limb in the Injured Sportsman  
Course: Therapeutic exercise and Manual Therapy in the treatment of Hip Pathology and Movement  
Dysfunction  
Course: Translational Spinal Manipulation
- 2014 Conference: The Physical Therapist, Primary Health Care and Simplified Access to the Care in  
Rehabilitation  
Conference: Knee Rehabilitative Management physiotherapy session 6<sup>th</sup> International SIA Meeting  
Course: CRT "Cognitive Rehabilitation Therapy"  
Course: Medical Exercise Therapy for Thoracic and Low Back Pain Sciatica  
Course: Chronic Pain, Management and Treatment  
Conference: Entrepreneurship in Rehabilitation. Professional Competence and organizational  
Competence for a shared quality

**EDUCATION AND TRAINING**


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- 2010 – 2011 **Master Muscle Skeletal disorders Rehabilitation**
- 2010 Course: Clinical Pilates – rehabilitation purpose  
 Conference: Does the Efficacy of Manual Therapy Depend on Its Specificity?  
 Course: Assessment Tests in the Mechanical Neck Pain
- 2009 Course: Myofascial Pain Syndrome – MPS2 Trigger Point  
 Course: Clinical Pilates  
 Course: Kinesio Taping  
 Course: KMT “Kinetic Manual Therapy”
- 2008 Conference: Whiplash Updates II  
 Conference: Sport Injury Updates: the sportsman shoulder
- 2007 Course: STEP (Ola Grimsby)  
 Course: Myofascial Pain Syndrome – MPS1 Trigger Point  
 Conference: Muscles and Tendon Injuries  
 Conference: Bibliographical research in Physical Therapy  
 Conference: The Hip: assessment and treatment of movement dysfunction and Correlation with Low Back disorders
- 2006 Conference: Diagnosis and Treatment of Movement Impairment Syndromes  
 Conference: Physical Therapists’ Autonomy and Responsibility: Medico-legal Aspects
- 2005-2007 Course: Orthopedic Manipulative Therapy of the Keltenborn-Evjenth Concept. First and Second Level
- 2003-2005 Course Kinetic Control
- 2002 Course: Mobilisation of the Nervous System, Butler
- 2001 Course: Integrated Rehabilitation of neck Pain
- 2001-2002 McKenzie Course (A,B,C,D Levels)
- Course: Manual Therapy in Cranio-Mandibular Pain and Associated Disorders
- 2001 Course: Treatment of Cranio-cervico-Mandibular Disorders in Manual Therapy
- 2000 Course: Global Postural Re-education, Ph. E. Souchard
- 1999 Course: Cyriax  
 Course: Functional Bandage

**PERSONAL SKILLS**

Mother tongue(s) Italian

Other language(s)

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
English	B1	B2	B1	A2	B2
Spanish	A2	A2	A1	A1	

Levels: A1/A2: Basic user - B1/B2: Independent user - C1/C2 Proficient user  
[Common European Framework of Reference for Languages](#)

Digital competence

	SELF-ASSESSMENT				
	Information processing	Communication	Content creation	Safety	Problem solving
	Independent User/ Proficient User	Basic User	Independent User	Basic User	Proficient user

Levels: Basic user - Independent user - Proficient user  
[Digital competences - Self-assessment grid](#)

Competent with Office suite and other suite (word processor, spread sheet, presentation software)  
 Basic user in photo editing software gained as an amateur photographer

Other skills

For several years Provincial contact person of AIFI freelance professionals.  
 Founding Member of OMT Italia group (closed 31-12-2016)  
 Past experience for a long period as a Scout and in sports (Track and Field, handball, basketball)

Driving licence

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